

# Mobile Health and Emerging Technologies: accelerating a SMART ecosystem

Prof. D. Gruson



07:46

4G



Dimanche 9 septembre 2018



Huldenberg C

2

vs

KFC Wezembeek-Oppem...

7

INFOS

JOUEURS

FORUM

COMPO

STATS

NOTE

BUTS



Matis

7,3

0



Ugoh

6,7

0



Alexis

8,3

3



Sami

5,7

0



Yanis

7,7

0



Alexa

6,5

1



Mathi

8,3

0



Karol

7

1



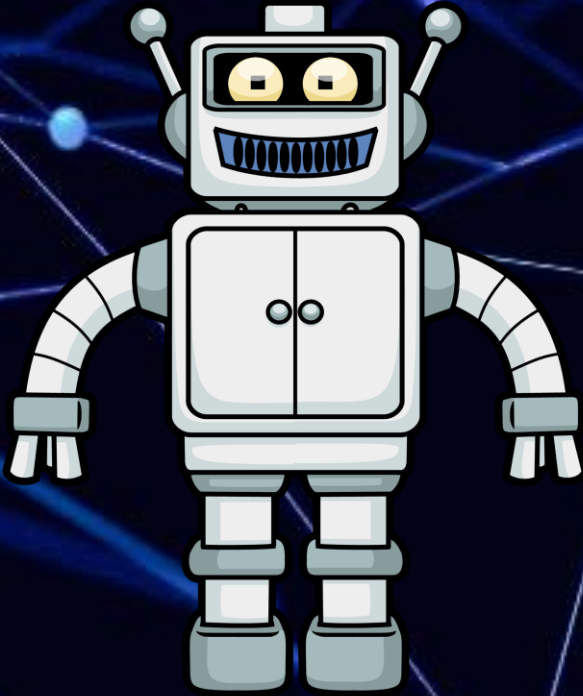
# Ambient computing



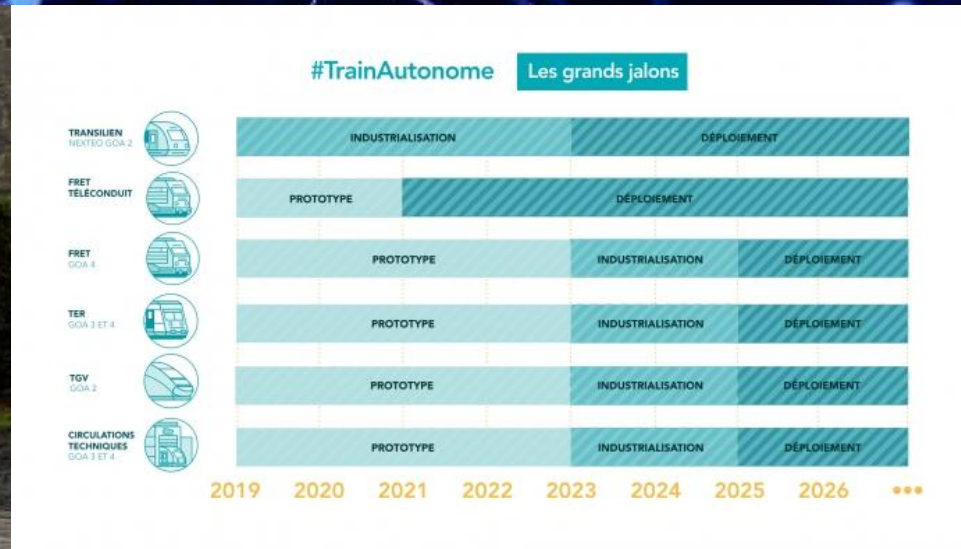
# Smart cities



# Emerging technologies to unlock new possibilities



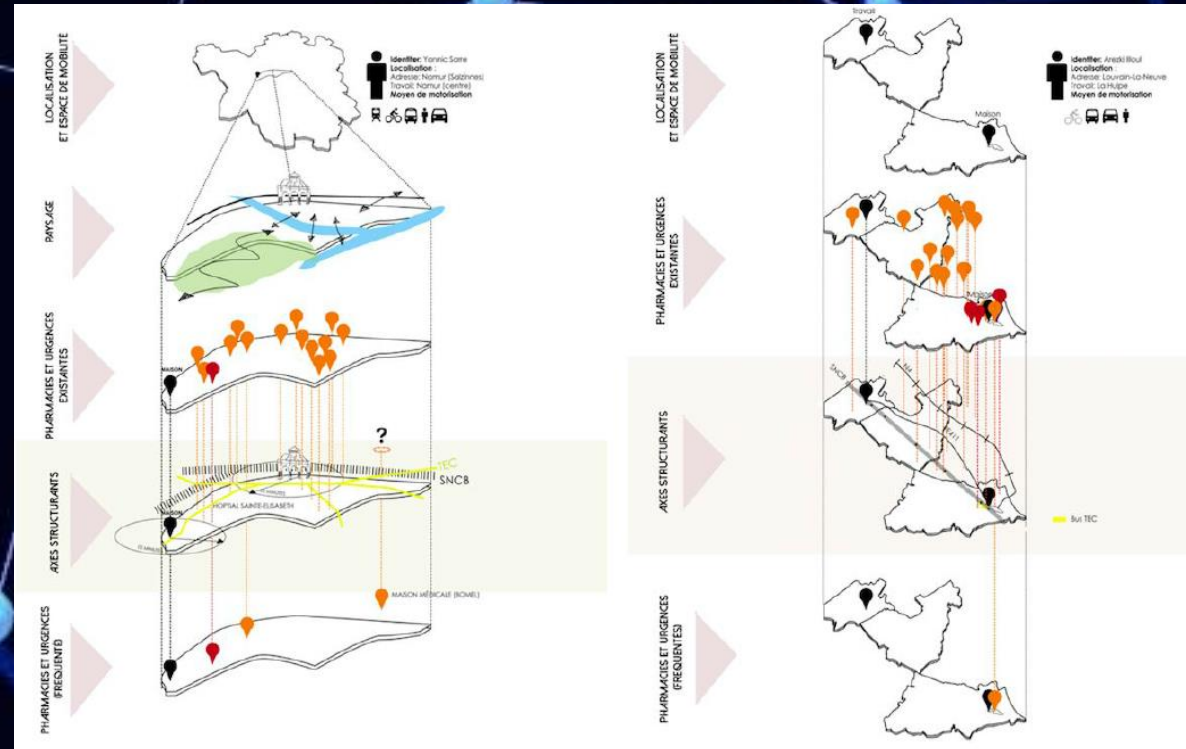
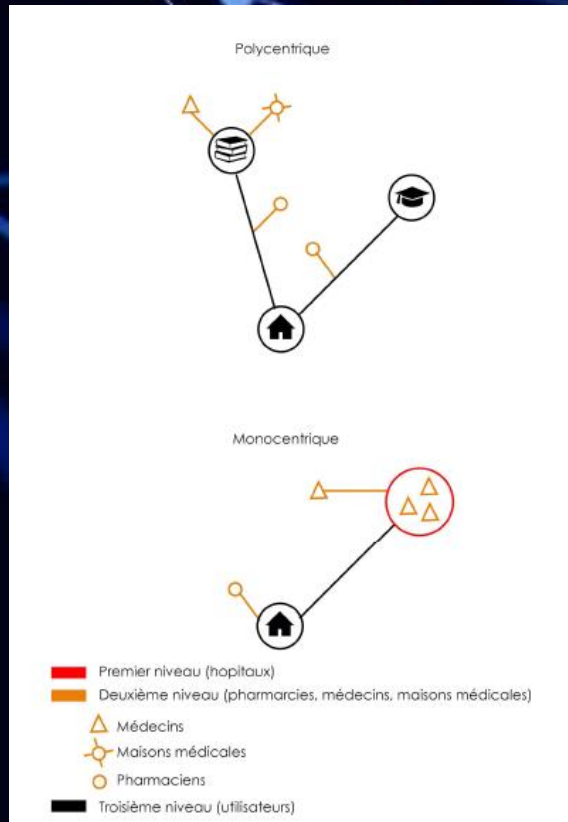
# The processes and logistics will be integrated, intelligent and scalable

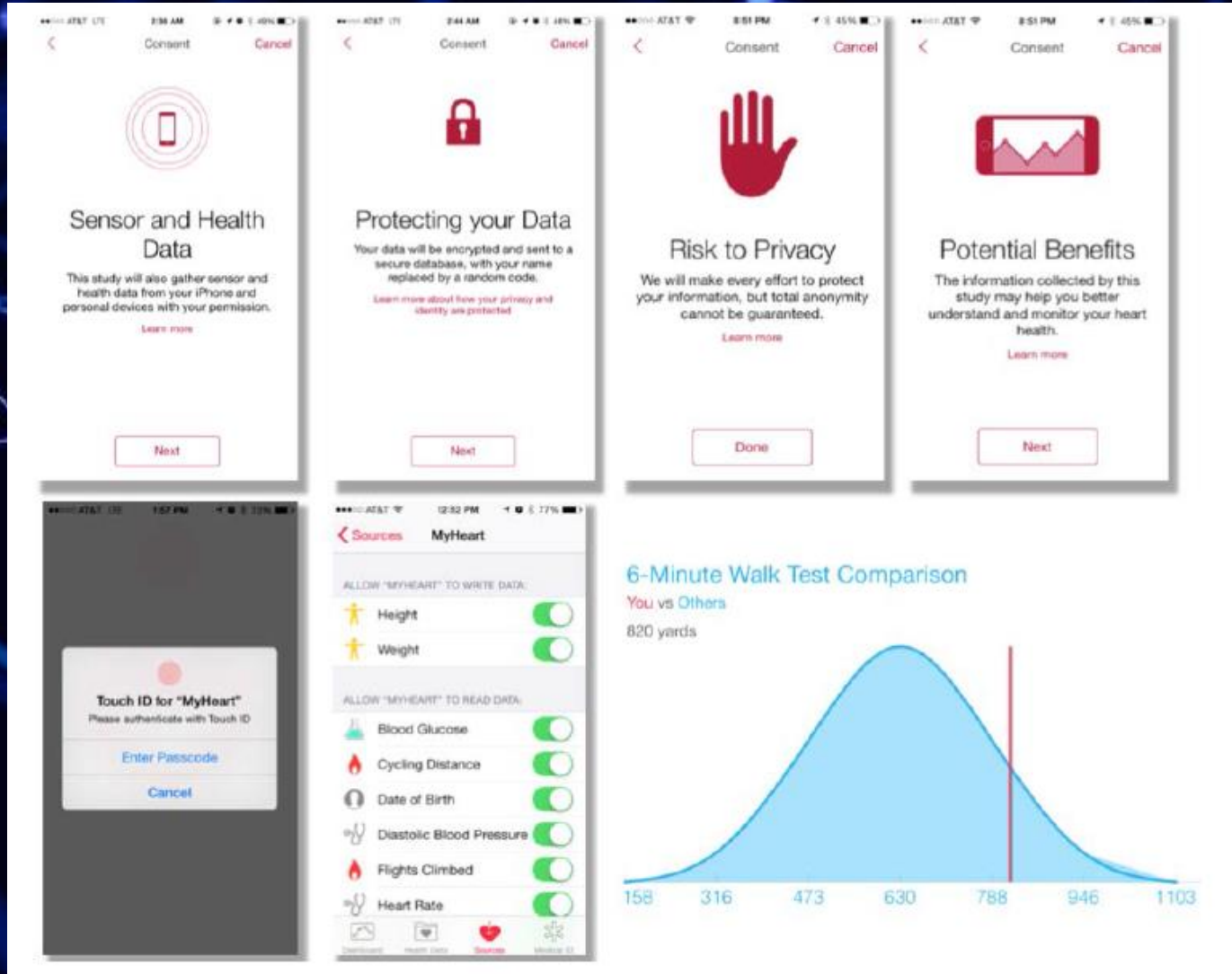


# The efficient use of big data will improve operations

## Clinical workflow

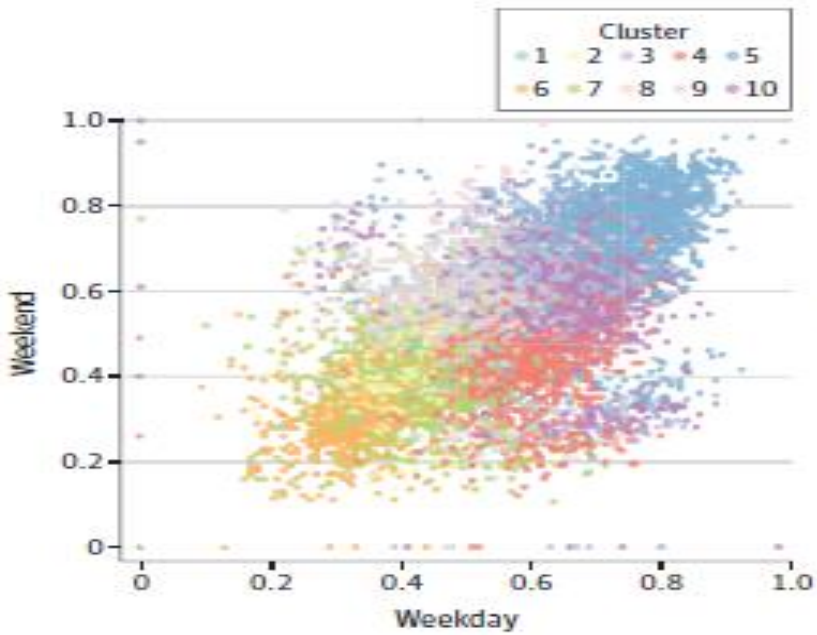
## Mobility / Motility



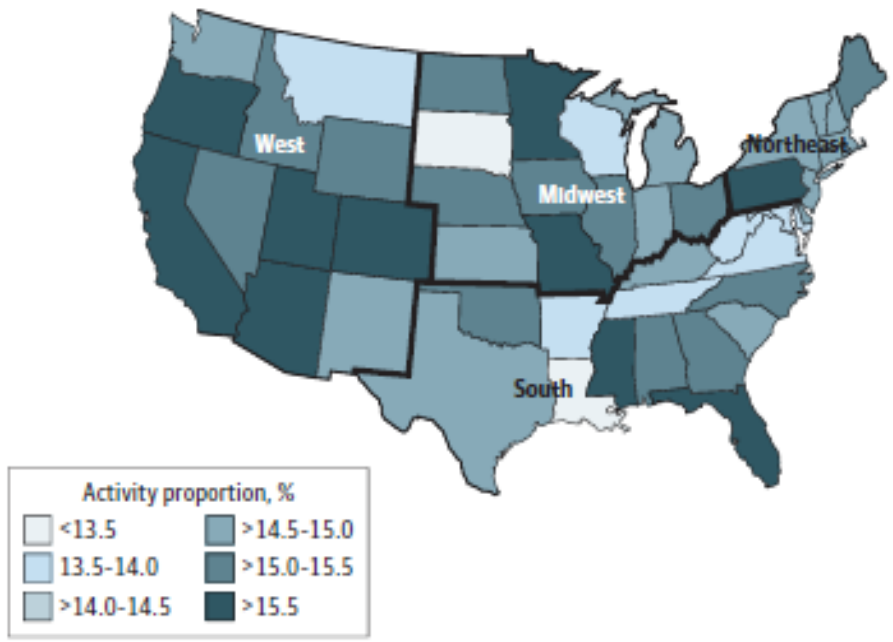




**A** Clusters of recorded physical activity



**A** Mean proportion of time spent active per state



# Mobile Health?

## Foundation for the National Institutes of Health (FNIH)

mHealth is "the delivery of healthcare services via mobile communication devices"

[www.caroltorgan.com/mhealth-summit/](http://www.caroltorgan.com/mhealth-summit/)

## NIH Consensus Group

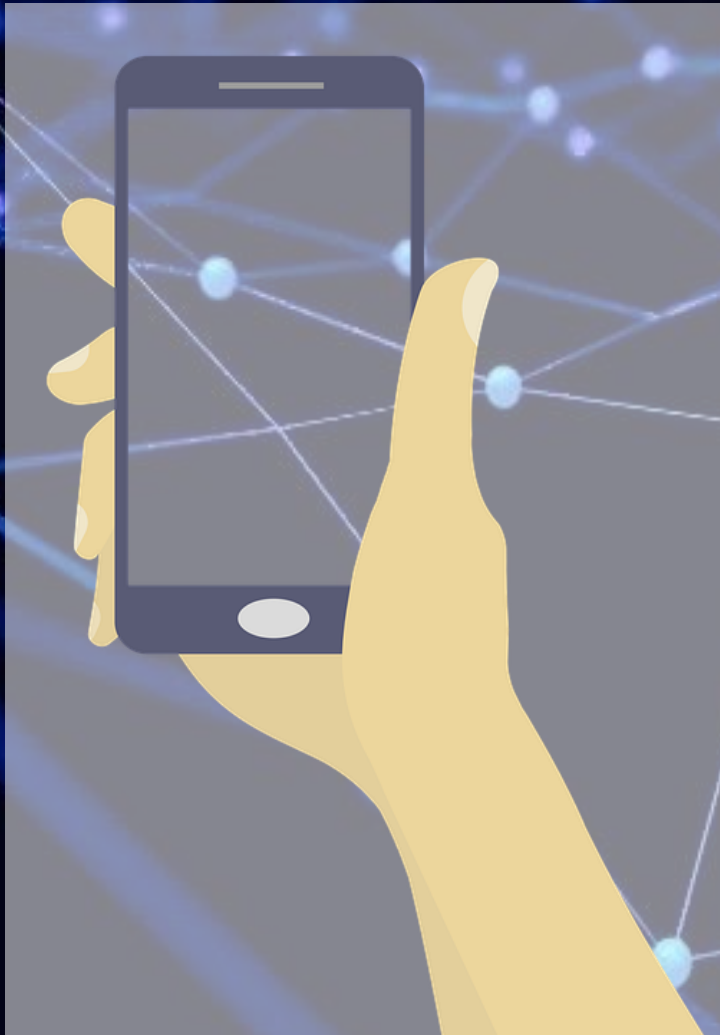
"mHealth is the use of mobile and wireless devices to improve health outcomes, healthcare services and health research."

[www.hrsa.gov/healthit/mhealth.html](http://www.hrsa.gov/healthit/mhealth.html)

## World Health Organization (WHO)

"Mobile Health (mHealth) is an area of electronic health (eHealth) and it is the provision of health services and information via mobile technologies such as mobile phones and Personal Digital Assistants (PDAs)."

[www.who.int/goe/mobile\\_health/en/](http://www.who.int/goe/mobile_health/en/)



**Digital Patient**

**Digital Clinic**

**Digital Device**

# Digital Patient

## Patient centric approaches - UX

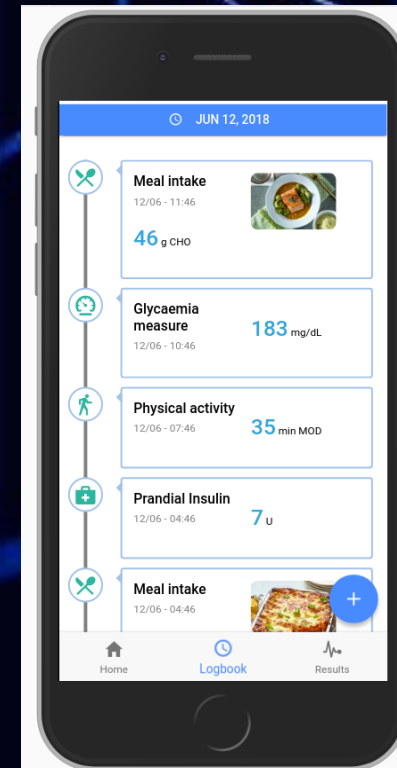
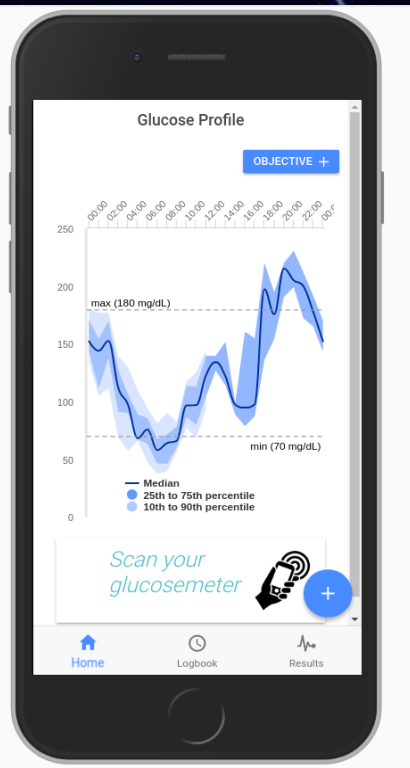
Telemedicine

Self assessment

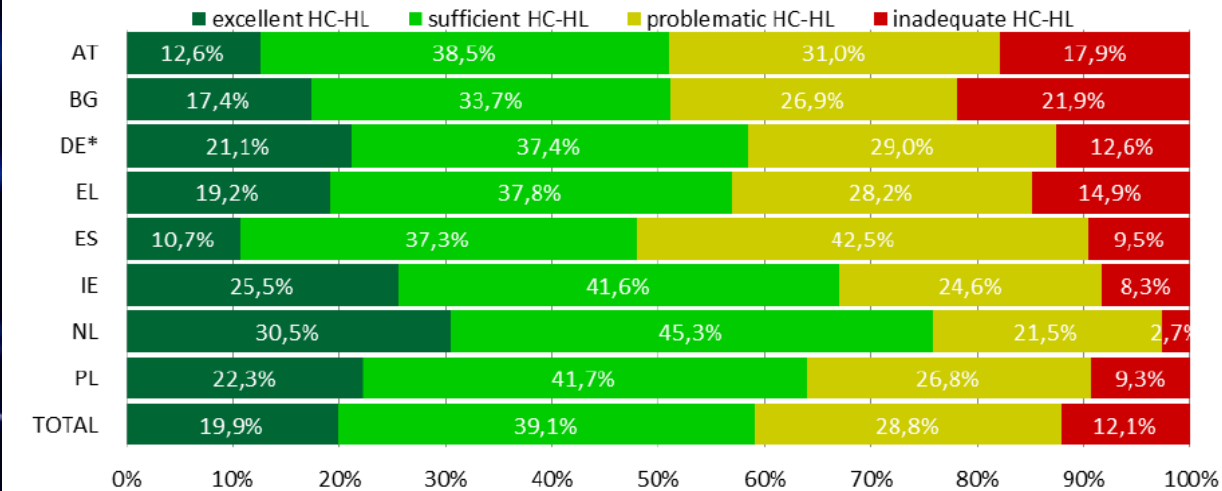
Patient generated data

Behaviour modification

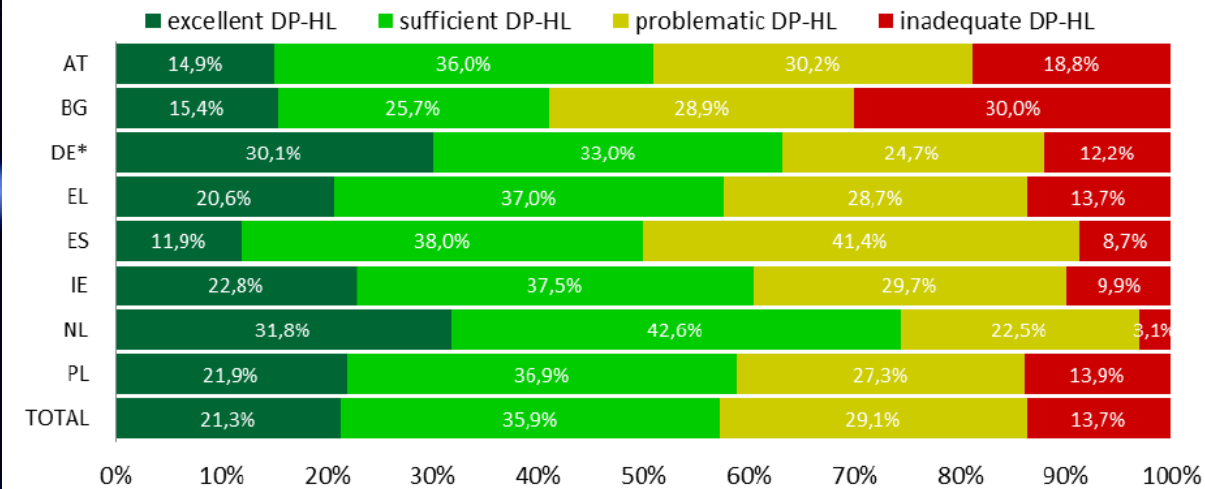
Digital engagement



**Graph 11: Percentages of Health Care Health Literacy Levels Thresholds for Countries and Total**



**Graph 12: Percentages of Disease Prevention Health Literacy Levels Thresholds for Countries and Total**



# Digital Devices



# The use of tags and internet of things to enhances outcomes

Generating mHealth data  
(Non-invasive telemonitoring / preclinical deterioration)

Remote actions / Remote Patients Management

Integration and Interoperability

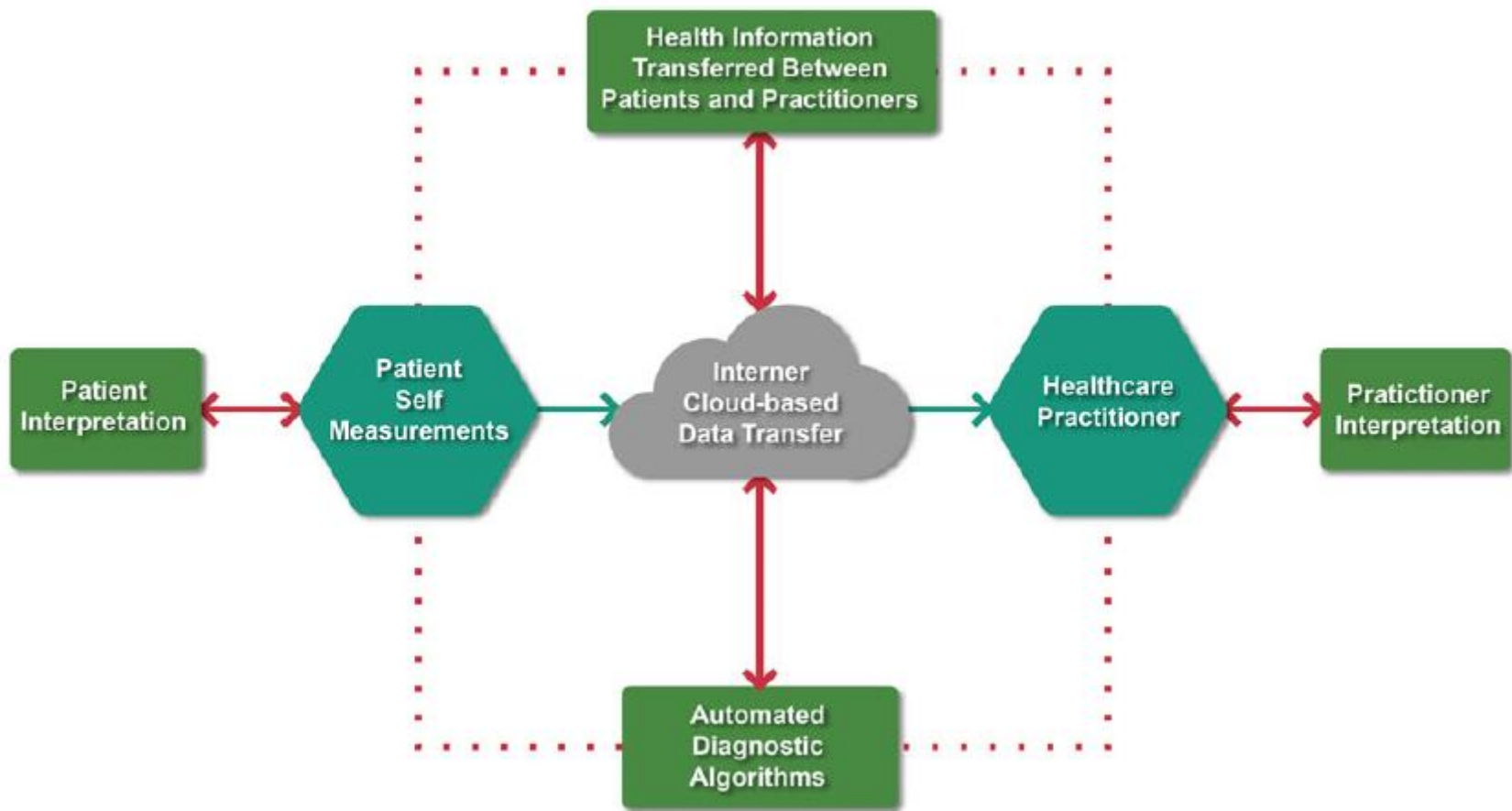
Biobanking

*Connected objects and health applications: Exploratory study on attitudes, use (or non-use) and contexts of use*

M. del Río Carral\*, A. Schweizer, A. Papon, M. Santiago-Delefosse

*Institut de psychologie, université de Lausanne, Quartier UNIL-Mouline, Géopolis, 1015 Lausanne, Suisse*







# Artificial Intelligence, Machine Learning and Deep Learning

- **Why now?**

- **Off the shelf or tailor made?**

- **Applications perspectives?**

- Process and care pathways
- Test ordering and interpretation
- Data mining, early diagnosis and proactive disease monitoring
- Personalized treatment and clinical trials

- **Positive regulation?**

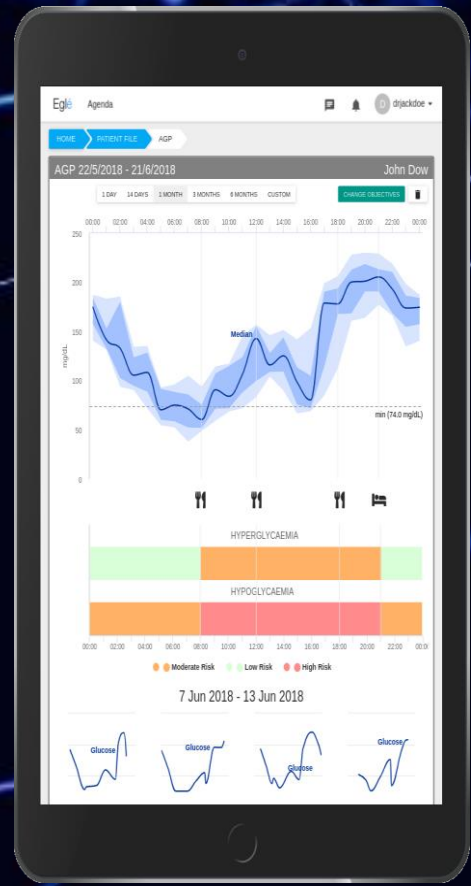
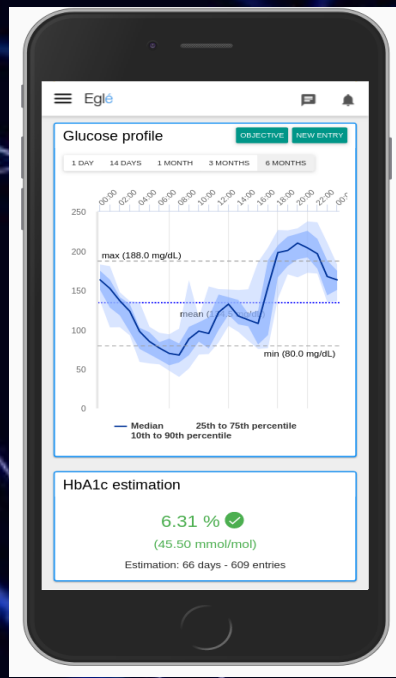
1. Patient information and consent?
2. AI Human Warrantee ?
3. Graduation of regulation according to the level of sensitivity of healthcare data ?
4. Accompaniment of the adaptation of healthcare professions ?
5. intervention of an independent external supervision ?





# Co-creation and user experience

- Daily monitoring
- Treatment Assistant
- Gamified coaching
- HbA1c estimation
- Chat



- Decision support
- Visualization
- Video consulting
- Appointment



Mobile devices and wearables

Deep and machine learning

Cloud computing

IoT and sensors

Data capture

Data analysis

IT standards

**A SMART ECOSYSTEM**

Augmented reality

Data security

Real time experience

Blockchain

3D-printing

Automation

Robots

Drones

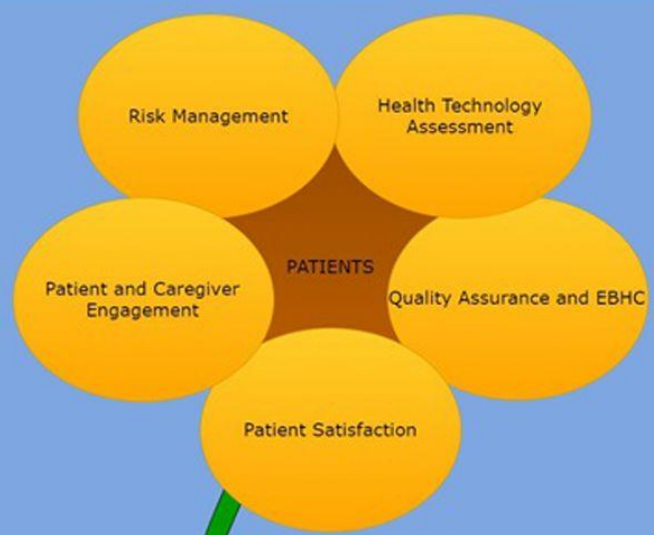
Autonomous vehicles

- ✓ **Possibility to shift traditional healthcare delivery to virtual and real-time methods useful to empower healthcare approaches**
- ✓ **Possibility to create a cooperative network of different partners and stakeholders**
- ✓ **Transition from traditional hospital- or office-based visits to technology-based encounters**



# VALUES, VISION AND LEADERSHIP

Patient



Internal to patient

# INTEGRATION

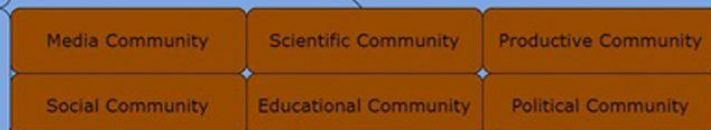
Professional



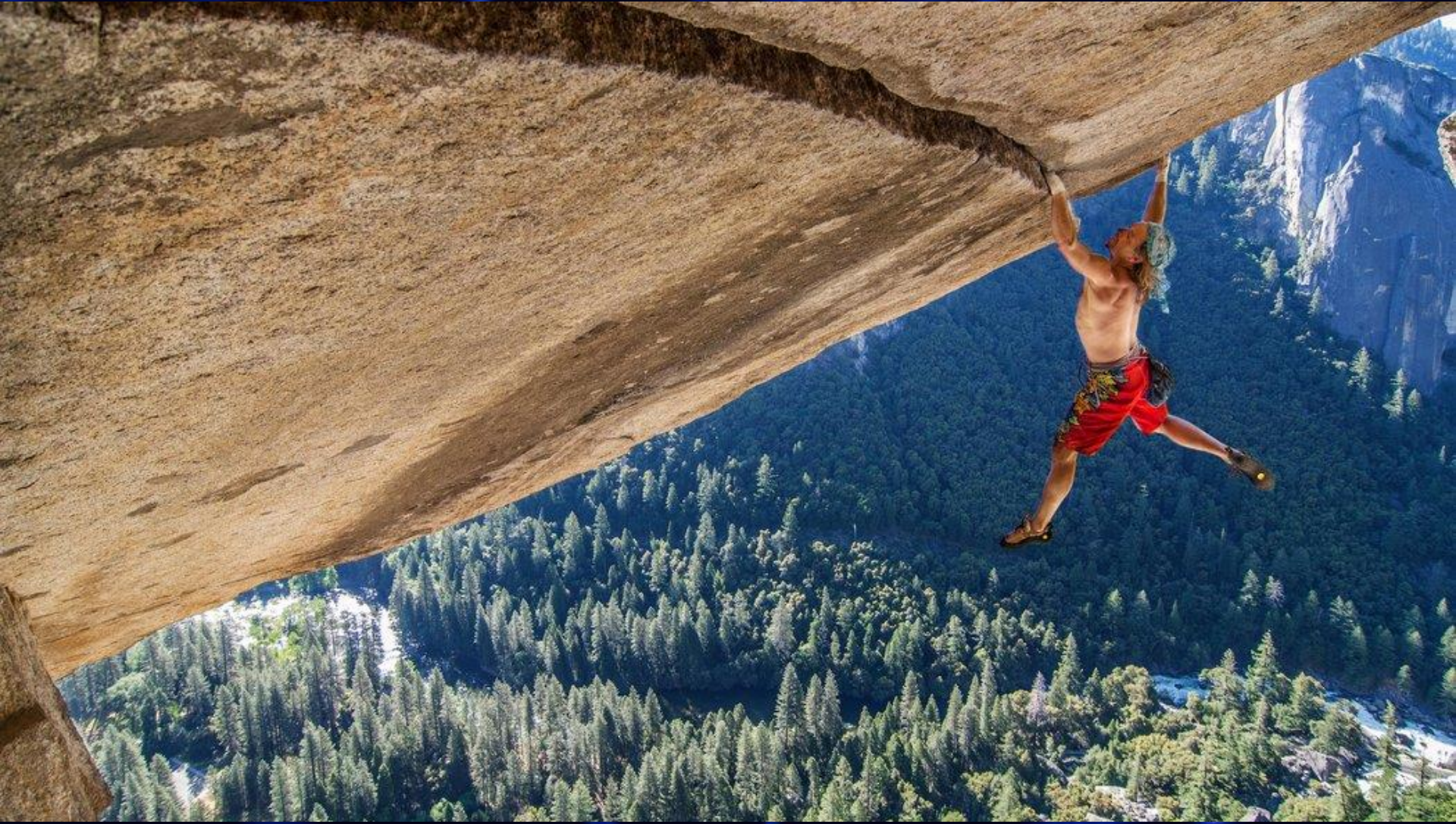
Internal to peer and organization

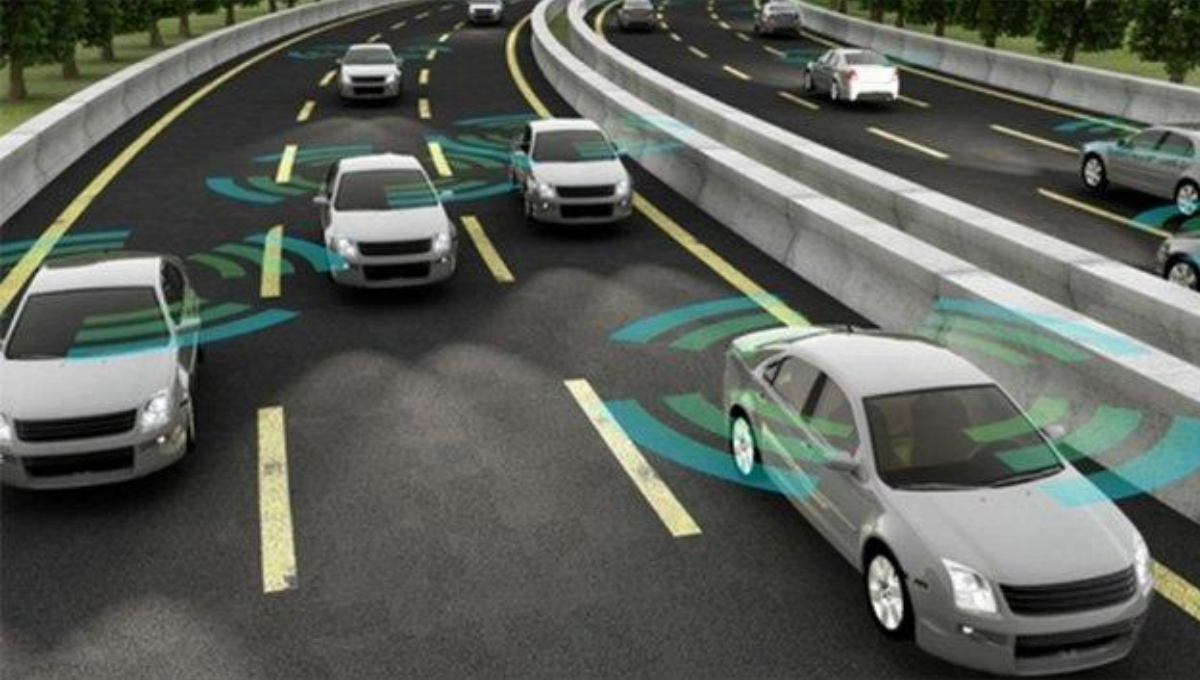
# ACCOUNTABILITY

Institutional




External to Stakeholders







- 
- ✓ **Users validation / satisfactions?**
  - ✓ **Cost-effectiveness? Financing?**
  - ✓ **Legal framework?**
  - ✓ **Interaction between human and remote services**
  - ✓ **Innovation >< science of implementation  
(rate of development of new technologies  
vs preparedness of the system)?**



**The future is:**

**Us...**

**with the help of technology**